Resilience: modernist 'bounce back' vs complexity 'transformation' framings

Bounce Back	Transformation
hard/ "coercive" resilience	soft/ "community" resilience
external threat/ problem	inside or within problem
"war" against	work with
problem	opportunity
natural disaster	societal disaster
return to status quo	change/ adaptation
science/ universal	local/ indigenous knowledge
mask/ ignore feedback	amplify sensitivity to feedback
artifice/ displace problem/	enable problem to change
"sacrifice zones"	approach
e.g.s: flood barriers/	e.g. modulation/ real time
"normalization"	adaptation
anti-biotics	homeopathy
criminalization	social work